

## **MENTOPLASTY (Chin Implant) POST-OPERATIVE INSTRUCTIONS**

### **Medications**

- You will be taking prescribed antibiotics and pain relief – take these medications as directed
- Do not take any Apirin or Aspirin containing compounds

### **Surgical Site and Skin Care**

- You will have a dressing over your chin incision. This will remain in place for 5 days and will be removed at the time of suture removal.
- You may shower with the dressing in place
- You may experience some numbness of the lips and chin which resolves in a couple of days to two weeks.
- Swelling and bruising can be expected in the chin and neck area.
- Follow directions in General Instructions to minimize swelling.
- Call the office if you experience significant bleeding or swelling especially in the immediate post operative period.

### **Activity**

No contact sports for 4 weeks

### **Follow-Up Appointments**

5 Days for suture removal